

CATRD'S Spring Seminar

**Helping Health Care Professionals
Through Knowledge and Experience**



CONNECTICUT ASSOCIATION OF
THERAPEUTIC RECREATION DIAGNOSIS, INC.

Friday
March 19, 2010
9:00 a.m. - 4:30 p.m.
Registration 8:00 - 9:00
Ashlar Village at
Masonicare Campus
Wallingford, CT

Christina Bourquin
410 North Canterbury Road
Canterbury, CT 06331

CATRD'S SPRING SEMINAR

Friday, March 19, 2009
Ashlar Village, Wallingford, Connecticut

Spring Makeover ~ Renew, Refresh and Reinvigorate Your Recreation Activities for 2010

Nationally renowned speaker Chris Bobos returns to Connecticut. Chris is a Certified Activity Consultant and Educator who has spoken throughout the United States and Canada since 1998. He is the Activity Coordinator of Central West Adult Day Care for the past 17 years and is a member of the National Association of Activity Professionals, the Florida Health Care Activity Coordinators Association and State Representative for the National Certification Council for Activity Professionals.

Chris will present a fresh look at 4 program topics that will be sure to add to your bag of tricks! He will review ways to adapt and modify programs for individuals and discuss ways to get other staff members involved with activities.

**This 6 hour program is for all disciplines:
Nurses, C.N.A.'s, Social Workers,
Administrators, MDS Coordinators & TRD's**

**DISCOUNTS FOR MULTIPLE ATTENDEES
FROM ONE FACILITY**

CATRD'S SPRING SEMINAR ~ MARCH 19, 2010

Spring Makeover ~ Renew, Refresh and Reinvigorate your Recreation Activities for 2010

What you will learn...

- 1. "The Games We Play" - Programming for Amusement, Diversion, Purpose and Fun**
 - To help participants develop cognitive and sensory stimulating programs that are sure to involve residents and staff.
 - To introduce innovative activities and games that can be implemented in a variety of health care settings and various functioning levels.
 - To help participants rekindle their creative energy in developing fun and unusual programs and games for their residents.
- 2. Adaption! The Secret of Programming!**
 - To help participants reevaluate cognitive and sensory stimulating programs by reviewing basic activity skills and formats and how to adapt these tools to engage various populations.
 - To introduce innovative activities and games built upon the basics which can be implemented into a variety of health care settings and adapted to lower functioning as well as higher functioning levels.
 - To provide participants an opportunity to acquire new skills promoting residents' interest, feelings of belonging and self worth.
- 3. Developing Word Games, Lists and Trivia for Cognitive Stimulation and Educational Tools**
 - Develop games and mentally stimulating programs from basic principles of education as well as the English language.
 - Be able to adapt and create innovative games from the hundreds of word games and "lists" they have currently been using.
 - Be able to identify basic commonalities in words to create several different activities from resident based answers in mentally challenging session in which they are already participating.
 - Be able to implement various forms of trivia into their programming and calendars as educational opportunities for their residents.
- 4. Let the Games Begin ~ Stimulating Card Games for Amusement and Social Interaction**
 - Learn the basic principles behind playing various card games and the basic terminology's used in each of these games.
 - Acquire the rules and skills to play card games that can be implemented in a variety of health care settings, adapted for various functioning levels and developed for one, two, multiple or group players.
 - Physically participate in each of the games presented.
 - Receive tips on how to teach strategies for winning.
 - Learn how to encourage staff to become more involved with the residents in organizing and hosting a spur of the moment or scheduled activity based on any one of the card games presented.

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Refresh and Reinvigorate your
Recreation Activities for 2010
Friday, March 19, 2010**

DIRECTIONS & PARKING INFORMATION:

Ashlar Village at Masonicare Campus,
Cheshire Road, Wallingford, CT
Meadow Wood Entrance ~ Hartag Activity Center

Route 15 South ~ Wilbur Cross Parkway (Route 15) to Exit 65; left at end of ramp to traffic light. At traffic light, take a right into the property. Then your first right, onto access road following signs to Ashlar Village. Take a right off access road at detour sign. Continue to 2nd stop sign and take left. At first stop sign take left into parking lot E (Event Parking).

Route 15 North ~ Wilbur Cross Parkway (Route 15) to exit 65. Take a left at the end of the exit ramp. Take a left at the traffic light onto Hall Avenue. Take another left at the next traffic light onto the Masonicare campus. Then your first right, onto access road following signs to Ashlar Village. Take right off access road at detour sign. Continue to 2nd stop sign and take left. At first stop sign take left into parking lot E (Event Parking).

I-91 North ~ I-91 to Exit 13 (a left exit): go left at end of ramp and then take immediate first right at light onto Toelles Road onto Hartford Turnpike. At the third light, turn left and Masonic Healthcare Center is on the left. Go through visitor lot, follow road and take your first left, onto access road following signs to Ashlar Village. Take right off access road at detour sign. Continue to 2nd stop sign and take left. At first stop sign take left into parking lot E (Event Parking).

I-91 South ~ I-91 South to Exit 17 to Wilbur Cross Parkway South to exit 65, then follow directions for Route 15 South listed above.

I-84 West—Waterbury ~ I-84 to Route 691; take exit for Wilbur Cross Parkway and I-91 South. Follow directions for Route 15 South listed above.

New London Area ~ Route 9 North into Middletown; take Route 66 West. Follow through town until signs for I-91 / Route 15. Take Route 15 Wilbur Cross Parkway South into Wallingford to Exit 65 and follow directions for Route 15 South listed above.

TIME LINE FOR THE DAY:

Registration: 8:00 ~ 9:00
Presentation: 9:00 ~ 10:30
Break: 10:30 ~ 10:45
Presentation: 10:45 ~ 12:15
Lunch: 12:15 ~ 1:15
Presentation: 1:15 ~ 2:45
Break: 2:45 ~ 3:00
Presentation: 3:00 ~ 4:30

FOR MORE INFORMATION

please contact Christina Bourquin
phone 860-546-6382
e-mail: cbourquin@catrd.com.

**Not Yet a Member of CATRD
Sign Up Today & Save Money**

Category	Description
Professional \$ 40.00	Individuals who are principally engaged in providing Therapeutic Recreation for the elderly. They shall be entitled to voting privileges and may hold an office within the association.
Associate \$ 35.00	Individuals who do not meet the criteria for professional membership but who are interested in the profession and share the objectives of the corporation. This category includes students, retired persons and interested individuals. They have no voting rights and may not hold an office.

ALL INFORMATION MUST BE COMPLETED FOR PROPER PROCESSING

Last Name:		First Name:	
Home Address:			
Home Phone:		Cell Phone:	E-Mail:
Facility Name:			
Facility Address:			
Facility Phone:		Facility E-Mail:	
Type of Facility: <input type="checkbox"/> SNF, <input type="checkbox"/> ADC, <input type="checkbox"/> Assisted Living, <input type="checkbox"/> Senior Center, <input type="checkbox"/> Retirement, <input type="checkbox"/> Other: _____			

For Office Use Only:

Date Received: _____
Computer Entry: _____
Check Number: _____
Amount: _____
Membership Number: _____

Please mail with check made out to CATRD to:

**Christina Bourquin,
Membership Chairperson
410 North Canterbury Road,
Canterbury, CT 06331
Phone: 860-546-6382
E-mail: cbourquin@catrd.com
Effective: September 2007**

**CATRD SPRING SEMINAR 2010
REGISTRATION FORM**

DEADLINE: March 12, 2010
LUNCH: Buffet Lunch will be served
FEES:

- **CATRD MEMBER** \$75.00
- **NONMEMBER:** \$125.00
- **FULL TIME STUDENT:** \$50.00

DISCOUNTS FOR MULTIPLE ATTENDEES from the Same Facility:

- 2 or more people 20% off
- 3 or more people 30% off
- 4 or more people 40% off

PLEASE PRINT INFORMATION

Facility or Corporate Name		
Facility or Corporate Address		
City	Zip	Phone
Name	CATRD #	
Name	CATRD #	
Name	CATRD #	
Name	CATRD #	

Method of Payment	# of Attendees _____
<input type="checkbox"/> Personal Check	Amount Paid _____
<input type="checkbox"/> Corporate Check	Amount Paid _____

- If your corporation is sending a check, please make certain that they give the facility name and names of those attending.
- Please make checks payable to CATRD and mail to Christina Bourquin at the address listed below.



**Christina Bourquin
410 North Canterbury Road
Canterbury, CT 06331**